

Nuchter zijn (kinderen) - Engels

Fasting (for children)

Your child must fast before his or her operation. If your child is not in a fasting state during anaesthesia, there is a greater chance that your child's stomach contents will end up in his or her airways or lungs. If your child has not fasted, the operation will be postponed.

Unless the anaesthesiologist agrees otherwise with you, the following rules are applicable:

Children up to the age of 6 months

- The child may have (infant) formula and/or tube feeding up to six hours prior to the operation.
- You may breastfeed up to four hours prior to the operation.
- Up to two hours before the operation, your child may drink water and tea, up to a maximum of 150 ml in the bottle.

(see the other side)

Children from the age of 6 months

- Children aged 6 months and older may not eat anything the night before the operation, beginning from midnight.
- Up to one hour before the operation, your child may drink clear liquids, such as water, diluted (fruit) syrup or cordial, pulp-free apple juice or tea without milk. Your child may drink a maximum of 200 ml.

Will there be changes to your child's health and/or his or her medication while awaiting the operation? If so, be sure to call us from Monday through Friday between 8:00 am - 12:00 noon and between 1:00 pm - 4:30 pm

Tel. (078) 654 13 32.

If we are not aware of changes to your child's health or medication, the operation may not be able to proceed!